



Ascension Dance Workshops

Boys Dance Workshops

Boys Only / Aged 12+

Through exploring a primal movement vocabulary of slides, rolls, spins and jumps, this workshop aims to inspire young men to discover movement and dance. The workshop develops basic skills such as choreography, creativity and partner work through structured tasks. Each pupil gets the opportunity to learn new movements and be given the responsibility to create their own piece of choreography.

Creative and Choreography Workshop

Mixed Gender / Aged 12+

Focusing on the creative process, this workshop gives the pupils the tools and understanding required to help them create their own solo or group piece of choreography. Pupils are guided through the process of transforming an idea into a piece of choreography through breaking down movement into three groups; building a physical movement vocabulary, exploring ideas creatively and structuring a piece of choreography.

Technique and Ascension Movement Workshop

Mixed Gender / Aged 12+

Offering an introduction to contemporary dance techniques, this workshop guides pupils through the fundamentals of movement and develops strength and flexibility. During the session pupils learn a range of phrases from Ascension Dance repertoire.

Ascension Dance Intensive

Mixed Gender / Aged 15+

This full day workshop combines both choreographic and technical dance practices to provide pupils with the experience of being part of a dance company. Throughout the day pupils will participate in dance technique and creative classes. The day concludes in pupils and artists co-creating a unique piece of choreography in the style of Ascension Dance.

Example Costs and Packages

Half Day: £250 Full Day: £300

Ascension Dance Intensive Day: £350

All prices exclude travel costs. The costing covers two dance artists. Group size limited at 25 pupils; please make an enquiry for groups larger than this.

Please note that these prices are a guideline. We are happy to discuss personalised workshop packages to fit your specification and budget.

Please inquire if you are interested in longer residences or commissions.

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