

# WORD BANK

## ACTION

Curl Crouch Jump Repeat  
Slide Swing  
Ripple Twist Roll Stretch Turn  
Bounce Spin Crawl Spiral  
Leap Drop Skip Wave Walk  
Wrap Hook Balance Push Run  
Grounded Hop Pull

## SPACE

Left Up Zig Zag Travel 90 Degrees  
Right Down High 180 Degrees  
Diagonal Low Around 360 Degrees  
Circular Wide Thin Back  
Square Over Direction  
Triangle Tall Full Front  
Straight Under Short Tiny/Small  
Spatial

## OTHER

Fire Stormy Thunder  
Water Cloudy  
Earth Sunny Lightning  
Air Rainy Hot Cold

## DYNAMICS

Sharp Light Slow-motion  
Soft Fluid Robotic  
Fast Heavy Abrupt Smooth  
Slow Rigid Jerky  
Uncontrolled Floppy Fast-forward  
Sticky Continuous Calm  
Controlled Stiff Goey  
Strong Energetic  
Powerful

## BODY PARTS

Arm(s) Shoulder(s) Feet  
Leg(s) Knee(s) Neck Chest  
Hand(s) Elbow(s) Back Toe(s)  
Finger(s) Pelvis Hip(s) Nose  
Spine Head Eyes

