

in Touch

Get in touch with us

Helpful Questions

What has helped keep you motivated during lockdown?

Can you tell us about a memorable lockdown moment?

Do you have any standout highs or lows of lockdown?

Do you remember the first time you were able to have a conversation with somebody outside your bubble? What was it like?

Do you remember the first time you were able to have a physical contact with somebody outside your bubble? What was it like?

Has lockdown changed how you want to live your life going forward?

Has anything or anybody been a foundation throughout this process, if yes, how so?