

Primary School Workshop



Key Stage 1

Movement Skills / Structured Play

Mixed Gender / Nursery, Reception, Year 1 & Year 2

45 Minute sessions only

These 45-minute sessions look at us as humans; exploring our limbs, how our body moves and what our body is capable of. Within these sessions, we look to teach the basics of jumps, rolls and spins as well as breaking down more complex movements through copying and follow the leader games. We explore movement-based activities, getting the young people to work together and giving them the licence to create their own movements.

Key Stage 2

Single Gender Workshop

Boys Year 3 - Year 6

We specialise in promoting dance/movement to boys. Particularly, for those boys who have a negative reaction to participating in Dance during PE lessons. In our sessions, we look at how you can utilise the natural competitive nature of boys to inspire and galvanise boys whilst creating a supportive environment. These workshops involve contact work (lifts and partner work), learning new skills (floor works and dynamic movements) and unison material (complex solo unison sequences).

Girls Year 3 – Year 6

We can run a similar workshop for girls. Channelling young energy into creativity and confidence. We look at how to empower, inspire and galvanise girls whilst creating a supportive environment. These workshops involve contact work (lifts and partner work), learning new skills (floor works and dynamic movements) and unison material (complex solo unison sequences).

Creative Dance Workshop

Mixed Gender / Year 3 - Year 6

These mixed dance sessions are centred on creativity and empowering the young people to make their own sequences/movement material. This workshop challenges focus, teamwork, memory and performance skills. We look at how you can teach simple movements such as rolls and spins before setting tasks that looks at how young people

can select and order these movements into sequences. This workshop looks at how you can give young people the tools to devise their own small performances.

Devising Performance

Mixed Gender / Year 3 - Year 6

This final workshop looks at how you can work with children to create a piece of dance performance in a day. This performance could be based on a book, curriculum theme or topic and can be shared during a school assembly, summer fetè and another school event/occasion.

This mixes elements of the previous two workshops to create a performance where the children have artistic license to create their own sections of work as well as work with the Ascension artists to learn movements and finally perform.

All our workshops are delivered with these 3 enthuses at its core:

Creativity

Focus

Support

Example Costs and Packages

Half Day: £180 Full Day: £280

Ascension Dance Devising Performance: £330

The costing covers one dance artist. Group size limited at 25 pupils; please make an enquiry for groups larger than this.

Mileage Fee

Workshops within Coventry – No Charge

Workshops outside of Coventry charge at 0.45p per mile. (Car)

Workshops outside of Coventry charge at 0.65p per mile. (Van)

Please note that these prices are a guideline. We are happy to discuss personalised workshop packages to fit your specification and budget.

Please enquire if you are interested in longer residences or commissions.

Ascension Dance Company

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